

WEEK 1 - BREAKFAST - Spring Summer Menu

	May 29th	30th	31st	June 1st	2nd	3rd	4th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs
REGULAR EASY TO CHEW	oatmeal/cream of wheat diced ham scrambled eggs dry cereal soaked in milk	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat diced ham scrambled or fried eggs dry cereal soaked in milk	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs
MINCED AND MOIST	oatmeal/cream of wheat minced ham scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat minced ham scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit
PUREED	cream of wheat puree bacon puree egg	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree fruit	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree fruit	cream of wheat puree egg puree muffin puree fruit

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Tea, Coffee, Water, Margarine are served with Meals

Bread & Butters or Rolls or Muffins are served with Supper.

*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

*Diabetic choices available for diabetic residents

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Week 1 Lunch Spring/Summer

	April 30th	May 1st	2nd	3rd	4th	5th	6th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	Salsa Chicken Pick of the Day Vegetable Baked Potato Lemon Tarts	Teriyaki Beef Steamed Rice California Vegetables Chocolate Brownie	Breaded Sole Roasted Potato/Peas Apple Pie	Burgers and Hot Dogs Pasta Salad Chips/Pickles Ice Cream	Chicken Tenders with Plum Sauce French Fries Montego Blend Vegetables Cinnamon Rolls	Greek Salmon Baked Potato Broccoli and Carrots Tiramisu Squares	Ham Slices/pineapple sauce Scalloped Potato Peas & Turnip Pears and Sweet Bread
REGULAR EASY TO CHEW	Salsa Chicken Soft Cooked Vegetables + Mashed Potato Lemon Tarts with Whipped Cream	Teriyaki Beef Steamed Rice California Vegetables Chocolate Brownie	Breaded Sole Roasted Potato/Peas Apple Pie	Burger or Hot Dog Macaroni Salad Chips/Pickles Ice Cream	Chicken Tenders with Plum Sauce French Fries Montego Blend Vegetables (soft) Cinnamon Rolls	Greek Salmon Mashed Potato Broccoli and Carrots Tiramisu Squares	Ham Slices/pineapple sauce Scalloped Potato Peas & Turnip Pears and Sweet Bread
MINCED AND MOIST	Minced Chicken Minced vegetable Mashed Potato Minced Lemon Tarts with Whipped Cream	Minced Teriyaki Beef Mashed potato Minced California Veg Minced Chocolate Brownie	mince Fish /mince peas mashed potato Minced Apple Pie	mince burger mince Peas & Carrots mashed potato Ice Cream	Minced Chicken Minced vegetables Mashed Potato Puree Cinnamon Buns	Minced Salmon Mashed Potato mince Broccoli and Carrots mince Tiramisu	Ham Slices/pineapple sauce Scalloped Potato mince Peas & Turnip mince pears
PUREED	Pureed Chicken Pureed Vegetables/Potato Lemon Filling with Cream	Pureed Teriyaki Beef Mashed potato Pureed Vegetable Pureed Brownie	puree Fish/ puree peas mashed potato Pureed Apple Pie	puree burger puree Peas & Carrots mashed potato Ice Cream/Magic Cup	Puree Chicken Puree Vegetables Mashed Potato Puree Cin Buns	Puree Salmon Mashed Potato puree Broccoli Carrots puree Tiramisu	Ham Slices/pineapple sauce Scalloped Potato Peas & Turnip puree pears

WEEK 1 - SUPPER - Spring Summer Menu

	April 30th	May 1st	2nd	3rd	4th	5th	6th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	Potato Cheese Puff Sliced Ham Pickles Cherry Cheesecake	Pork Spanish Rice Green Beans Chow pickle Sponge Cake with Strawberries/whip cream	Western Omelette Tossed Salad/Rolls Fruit Mousse cups	Creamy Chicken & Rice Skillet HM Biscuit Date Squares	Cold Plate (Cold Cuts) + Potato Salad Pickles/Cheese Sliced Tomato/Cucumber Butterscotch Pudding	French Toast and Sausages Fresh Melon Cupcakes	Hot Chicken Sandwich Roasted Potatoes Carrots Jell-O with Oranges
REGULAR EASY TO CHEW	Potato Cheese Puff Sliced Ham Pickles Cherry Cheesecake	Pork Spanish Rice Green Beans Chow pickle Sponge Cake/strawberries	Western Omelette Buttered carrots Rolls Fruit Mousse cups	Creamy Chicken & Rice Skillet HM Biscuit Date Squares	Cold Plate (Cold Cuts) + Potato Salad Pickles/Cheese Sliced Tomato/Cucumber Butterscotch Pudding	French Toast and Sausages Fresh Melon Cupcakes	Hot Chicken Sandwich Mashed Potato & Carrots Jell-O with Oranges
MINCED AND MOIST	Minced Potato Cheese Puff Minced Ham Pureed Pickles Minced Cherry Cheesecake	mince Spanish Rice mince Green Beans puree Chow pickle puree Sponge Cake	Puree Western Omelette Minced carrots Mashed Potato Puree Mousse Fruit Cups	Minced Chicken & Rice Skillet puree biscuit Puree date Squares	Minced Sandwich filling + Minced Potato Salad Minced Peas Butterscotch Pudding	Minced French Toast and Sausages Minced Melon mince Cupcakes	Minced Chicken with Gravy Mashed Potatoes Minced Carrots Puree Orange Mousse
PUREED	Puree Potato Cheese Puff Puree Ham Pureed Pickles Puree Cherry Cheesecake	puree Spanish Rice puree Green Beans puree Chow pickle puree Sponge Cake/strawberries	Puree Cheese Omelette Puree carrots Mashed Potato Puree Mousse fruit cups	Puree Seafood Chowder Puree Biscuit Puree Date Squares	Puree Sandwich filling Pureed Potato Salad Pureed Peas Butterscotch Pudding	Pureed French Toast and Sausages Pureed Melon Pureed cupcakes	Pureed Chicken & Gravy Mashed Potatoes Pureed Carrots Puree Orange Mousse