## WEEK 2 - BREAKFAST Spring Summer Menu

	June 6th	7th	8th	9th	10th	11th	12th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of
REGULAR	wheat	wheat	wheat	wheat	wheat	wheat	wheat
	bacon	toast	toast	bacon	toast	toast	toast
	fried/boiled eggs	dry cereals	dry cereals	fried/boiled eggs	dry cereals	dry cereals	dry cereals
	toast	eggs	eggs	toast	eggs	eggs	eggs
	dry cereal			dry cereal			
	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of
REGULAR	wheat	wheat	wheat	wheat	wheat	wheat	wheat
<b>EASY TO</b>		dry cereal soaked in	dry cereal soaked in		dry cereal soaked	dry cereal soaked	dry cereal soaked
CHEW	diced ham	milk	milk	diced ham	in milk	in milk	in milk
	scrambled or fried			scrambled or fried			
	eggs	scrambled eggs	scrambled eggs	eggs	scrambled eggs	scrambled eggs	scrambled eggs
	dry cereal soaked in			dry cereal soaked in			
	milk			milk			
MINCED	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of	oatmeal/cream of
AND	wheat	wheat	wheat	wheat	wheat	wheat	wheat
MOIST	minced ham	scrambled eggs	scrambled eggs	minced ham	scrambled eggs	scrambled eggs	scrambled eggs
	scrambled eggs	puree muffin	puree muffin	scrambled eggs	puree muffin		puree muffin
	puree fruit	puree fruit	puree fruit	puree fruit	puree fruit	puree fruit	puree fruit
PUREED	cream of wheat	cream of wheat	cream of wheat	cream of wheat	cream of wheat	cream of wheat	cream of wheat
	puree bacon	puree egg	puree egg	puree egg	puree egg	puree egg	puree egg
	puree egg	puree muffin	puree muffin		puree muffin		puree muffin
		puree fruit	puree fruit	puree fruit	puree fruit	puree fruit	puree fruit

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Tea, Coffee, Water, Margarine are served with Meals

Bread & Butter or Rolls or Muffins are served with Supper.

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

<sup>\*</sup>Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

<sup>\*</sup>Diabetic choices available for diabetic residents

## WEEK 2 - LUNCH - Spring Summer Menu

	May 7th	8th	9th	10th	11th	12th	13th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Italian Fish Herb			Honey Ginger	Honey Garlic	Beef & Broccoli Stir
REGULAR	Chicken Parmesan	Crumble	Pork Chop/Honey Mustard	Burger	Chicken	Salmon	Fry
	Asparagus Spears	Baked Potato	Mashed Potato	Potato Chips	Mashed Potatoes	Baked Potato	Steamed Rice
	Steamed Rice	California Blend veg	Carrots/Green Beans	Pasta Salad	Pick of the day veg	Brussel Sprouts	
	Cinnamon Sugar Donut Holes	Fresh Fruit Cup	Queen Elizabeth Cake	Coconut Cream Pie	Fruit Ambrosia	Ice Cream	Chocolate Éclair
		Italian Fish Herb			Honey Ginger	Honey Garlic	Beef & Broccoli Stir
REGULAR	Chicken Parmesan	Crumble	Minced Honey Mustard Pork	Burger	Chicken	Salmon	Fry
EASY TO			Mashed Potato				
CHEW	Asparagus Spears	Mashed Potato	Diced Carrots	Potato Chips	Mashed Potatoes	Baked Potato	
	Steamed Rice	California Blend veg (Soft)	Green Beans	Pasta Salad	Pick of the day veg	Brussel Sprouts	Steamed Rice
	Donut Holes	Fresh Fruit Cup (soft fruit)	Queen Elizabeth Cake		Fruit Ambrosia	Ice Cream	Chocolate Éclair
MINCED				Minced Burger &			Minced Beef &
AND	Minced Chicken	Minced Fish	Minced Honey Mustard Pork	Gravy	Minced Chicken	Minced Salmon	Broccoli
			Mashed Potato				Steamed Rice with
MOIST	Steamed Rice with Gravy	Mashed Potato	Minced Carrots	Mashed Potato	Mashed Potato	Mashed Potato	Gravy
	Minced Asparagus	Minced Veg Blend	Minced Beans	Mince Vegetables	Minced Vegetables	Minced Brussel Sprouts	
			Puree Queen		Puree Fruit		Puree Chocolate
	Minced Donut Holes	Puree Fruit	Elizabeth Cake	Puree Pie	Ambrosia	Ice Cream	Éclair
	Pureed Chicken			Puree Beef/Gravy			Puree Beef&Broccoli
PUREED	Mashed Potatoes Pureed Asparagus Pureed donut	Puree Fish Mashed Potato Puree Veg Blend	Puree Pork Mashed Potato Puree Carrots	Puree Vegetables Mashed Potato	Puree Chicken Mashed Potato Pureed Vegetables	Pureed Salmon Mashed Potato Pureed Brussel Sprouts	Mashed Potato
	holes	Puree Fruit	Puree Beans Puree Queen Elizabeth Cake	Puree Pie	Puree Fruit Ambrosia	Ice Cream/Magic Cup	Puree Chocolate Éclair

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Tea, Coffee, Water, Margarine are served with Meals

Bread & Butter or Rolls or Muffins are served with Supper.

<sup>\*</sup>Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

<sup>\*</sup>Diabetic choices available for diabetic residents

## WEEK 2 - SUPPER - Spring Summer Menu

	May 7th	8th	9th	10th	11th	12th	13th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Ham & Broccoli	Slick Chick				Creamy Pesto
REGULAR	Pizza & Garlic Finger	Casserole	Casserole	Chicken Fried Rice	Corn Scallop	Cream of Tomato	Chicken Pasta
	Caesar Salad	HM Roll	Buttered Peas	Spring Roll	Ham	Grilled Cheese Sandwich	Tossed Salad
	Tapioca Pudding	Strawberry Rhubarb Pie			Green Beans	Flourless Chocolate	
	with Cherry Sauce		Muffins	Fruit Trifle	Carrot Muffin	Brownies	Rice Pudding &
			Fruit Cocktail				Whipped Cream
		Ham & Broccoli	Slick Chick				Creamy Pesto
REGULAR	Pizza & Garlic Finger	Casserole	Casserole	Chicken Fried Rice	Corn Scallop	Cream of Tomato	Chicken Pasta
EASY TO	Caesar Salad	HM Roll	Buttered Peas		Ham	Grilled Cheese Sandwich	Tossed Salad
CHEW	Tapioca Pudding	Strawberry Rhubarb Pie		Minced Spring Roll	Green Beans	Flourless Chocolate	Rice Pudding
			Muffins Fruit				
	with Cherry Sauce		Cocktail	Fruit Trifle	Carrot Muffin	Brownies	Whipped Cream
							Minced Creamy Pesto
MINCED	Minced Pizza/Finger	Minced Ham and	Minced Casserole	Chicken Fried Rice	Minced Corn Scallop	Cream of Tomato	Chicken Pasta
AND	Minced Beans	Broccoli Casserole	Minced Peas	with Gravy	Minced Ham	with Blended Crackers	Minced Beets
MOIST	Tapioca Pudding	Puree Bread		Minced Spring Roll	Minced Green Beans	Minced Chicken Salad	Rice Pudding
	with Cherry Sauce		Puree Muffin	Pureed Fruit Trifle		Minced Flourless	Whipped cream
		Puree Pie	Puree Fruit		Pureed Muffin	Chocolate Brownies	
PUREED	Puree Pizza	Puree Casserole	Puree Casserole	Pureed Chicken	Pureed Corn Scallop	Tomato soup	Pureed Chicken
	Puree Beans	Puree Bread	Puree Peas	Fried Rice	Pureed Ham	with Blended Crackers	pasta
	Puree Tapioca Pudding		Puree Muffin	Pureed Spring Roll	Pureed Green Beans	Pureed Chicken Salad	Pureed Beets
							Pureed Rice
	Puree Cherry Sauce	Puree Pie	Puree Fruit	Puree Fruit Trifle	Pureed Muffin	Pureed Brownies	Pudding

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Tea, Coffee, Water, Margarine are served with Meals

Bread & Butter or Rolls or Muffins are served with Supper.

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<sup>\*</sup>Diabetic choices available for diabetic residents