WEEK 2 - BREAKFAST Spring Summer Menu

| June 6th |  | 7th 8th |  | 9th | 10th | 11th | 12th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| REGULAR | oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal | oatmeal/cream of wheat toast dry cereals eggs | oatmeal/cream of wheat toast dry cereals eggs | oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal | oatmeal/cream of wheat toast dry cereals eggs | oatmeal/cream of wheat toast dry cereals eggs | oatmeal/cream of wheat toast dry cereals eggs |
| REGULAR <br> EASY TO CHEW | oatmeal/cream of wheat <br> diced ham scrambled or fried eggs <br> dry cereal soaked in milk | oatmeal/cream of wheat dry cereal soaked in milk <br> scrambled eggs | oatmeal/cream of wheat dry cereal soaked in milk <br> scrambled eggs | oatmeal/cream of wheat <br> diced ham scrambled or fried eggs <br> dry cereal soaked in milk | oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs | oatmeal/cream of wheat dry cereal soaked in milk <br> scrambled eggs | oatmeal/cream of wheat dry cereal soaked in milk <br> scrambled eggs |
| MINCED <br> AND <br> MOIST | oatmeal/cream of wheat minced ham scrambled eggs puree fruit | oatmeal/cream of wheat scrambled eggs puree muffin puree fruit | oatmeal/cream of wheat scrambled eggs puree muffin puree fruit | oatmeal/cream of wheat minced ham scrambled eggs puree fruit | oatmeal/cream of wheat scrambled eggs puree muffin puree fruit | oatmeal/cream of wheat scrambled eggs puree fruit | oatmeal/cream of wheat scrambled eggs puree muffin puree fruit |
| PUREED | cream of wheat puree bacon puree egg | cream of wheat puree egg puree muffin puree fruit | cream of wheat puree egg puree muffin puree fruit | cream of wheat puree egg puree fruit | cream of wheat puree egg puree muffin puree fruit | cream of wheat puree egg <br> puree fruit | cream of wheat puree egg puree muffin puree fruit |

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast. Tea, Coffee, Water, Margarine are served with Meals Bread \& Butter or Rolls or Muffins are served with Supper.
*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

* Diabetic choices available for diabetic residents

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

## WEEK 2 - LUNCH - Spring Summer Menu

|  | May 7th | 8th | 9th | 10th | 11th | 12th | 13th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| REGULAR | Chicken Parmesan Asparagus Spears <br> Steamed Rice <br> Cinnamon Sugar Donut Holes | Italian Fish Herb <br> Crumble <br> Baked Potato <br> California Blend veg <br> Fresh Fruit Cup | Pork Chop/Honey Mustard Mashed Potato Carrots/Green Beans Queen Elizabeth Cake | Burger <br> Potato Chips <br> Pasta Salad <br> Coconut Cream Pie | Honey Ginger Chicken Mashed Potatoes <br> Pick of the day veg Fruit Ambrosia | Honey Garlic Salmon Baked Potato Brussel Sprouts Ice Cream | Beef \& Broccoli Stir Fry <br> Steamed Rice <br> Chocolate Éclair |
| REGULAR <br> EASY TO <br> CHEW | Chicken Parmesan <br> Asparagus Spears Steamed Rice Donut Holes | Italian Fish Herb Crumble <br> Mashed Potato <br> California Blend veg (Soft) <br> Fresh Fruit Cup (soft fruit) | Minced Honey Mustard Pork <br> Mashed Potato <br> Diced Carrots <br> Green Beans <br> Queen Elizabeth Cake | Burger <br> Potato Chips <br> Pasta Salad <br> Coconut Cream Pie | Honey Ginger Chicken <br> Mashed Potatoes <br> Pick of the day veg <br> Fruit Ambrosia | Honey Garlic Salmon <br> Baked Potato Brussel Sprouts Ice Cream | Beef \& Broccoli Stir Fry <br> Steamed Rice Chocolate Éclair |
| MINCED AND <br> MOIST | Minced Chicken <br> Steamed Rice with Gravy Minced Asparagus <br> Minced Donut Holes | Minced Fish <br> Mashed Potato <br> Minced Veg Blend <br> Puree Fruit | Minced Honey Mustard Pork <br> Mashed Potato <br> Minced Carrots <br> Minced Beans <br> Puree Queen <br> Elizabeth Cake | Minced Burger \& Gravy <br> Mashed Potato Mince Vegetables <br> Puree Pie | Minced Chicken <br> Mashed Potato <br> Minced Vegetables <br> Puree Fruit <br> Ambrosia | Minced Salmon <br> Mashed Potato <br> Minced Brussel Sprouts <br> Ice Cream | Minced Beet \& Broccoli Steamed Rice with Gravy Puree Chocolate Éclair |
| PUREED | Pureed Chicken Mashed Potatoes Pureed Asparagus Pureed donut holes | Puree Fish <br> Mashed Potato <br> Puree Veg Blend <br> Puree Fruit | Puree Pork <br> Mashed Potato <br> Puree Carrots <br> Puree Beans Puree <br> Queen <br> Elizabeth Cake | Puree Beef/Gravy <br> Puree Vegetables Mashed Potato <br> Puree Pie | Puree Chicken Mashed Potato Pureed Vegetables Puree Fruit Ambrosia | Pureed Salmon Mashed Potato Pureed Brussel Sprouts Ice Cream/Magic Cup | Puree Beef\&Broccoli Mashed Potato <br> Puree Chocolate Éclair |

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.
Tea, Coffee, Water, Margarine are served with Meals
Bread \& Butter or Rolls or Muffins are served with Supper.
*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.
*Diabetic choices available for diabetic residents
NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

WEEK 2 - SUPPER - Spring Summer Menu

|  | May 7th | 8th | 9th | 10th | 11th | 12th | 13th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| REGULAR | Pizza \& Garlic Finger <br> Caesar Salad <br> Tapioca Pudding with Cherry Sauce | Ham \& Broccoli <br> Casserole <br> HM Roll <br> Strawberry Rhubarb Pie | Slick Chick <br> Casserole <br> Buttered Peas <br> Muffins <br> Fruit Cocktail | Chicken Fried Rice Spring Roll <br> Fruit Trifle | Corn Scallop Ham Green Beans Carrot Muffin | Cream of Tomato <br> Grilled Cheese Sandwich <br> Flourless Chocolate <br> Brownies | Creamy Pesto Chicken Pasta Tossed Salad <br> Rice Pudding \& Whipped Cream |
| REGULAR <br> EASY TO <br> CHEW | Pizza \& Garlic Finger <br> Caesar Salad <br> Tapioca Pudding <br> with Cherry Sauce | Ham \& Broccoli Casserole HM Roll Strawberry Rhubarb Pie | STick Chick  <br> Casserole  <br> Buttered Peas  <br> Muffins Fruit <br> Cocktail  | Chicken Fried Rice <br> Minced Spring Roll <br> Fruit Trifle | Corn Scallop Ham Green Beans <br> Carrot Muffin | Cream of Tomato <br> Grilled Cheese Sandwich Flourless Chocolate <br> Brownies | Creamy Pesto Chicken Pasta Tossed Salad Rice Pudding <br> Whipped Cream |
| MINCED <br> AND <br> MOIST | Minced Pizza/Finger <br> Minced Beans <br> Tapioca Pudding with Cherry Sauce | Minced Ham and Broccoli Casserole Puree Bread | Minced Casserole Minced Peas <br> Puree Muffin <br> Puree Fruit | Chicken Fried Rice with Gravy <br> Minced Spring Roll Pureed Fruit Trifle | Minced Corn Scallop <br> Minced Ham <br> Minced Green Beans | Cream of Tomato with Blended Crackers Minced Chicken Salad Minced Flourless | Minced Creamy Pesto Chicken Pasta <br> Minced Beets Rice Pudding Whipped cream |
| PUREED | Puree Pizza <br> Puree Beans <br> Puree Tapioca Pudding <br> Puree Cherry Sauce | Puree Casserole Puree Bread <br> Puree Pie | Puree Casserole <br> Puree Peas <br> Puree Muffin <br> Puree Fruit | Pureed Chicken <br> Fried Rice <br> Pureed Spring Roll <br> Puree Fruit Trifle | Pureed Corn Scallop Pureed Ham Pureed Green Beans <br> Pureed Muffin | Tomato soup with Blended Crackers Pureed Chicken Salad <br> Pureed Brownies | Pureed Chicken pasta <br> Pureed Beets <br> Pureed Rice <br> Pudding |

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*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.
*Diabetic choices available for diabetic residents
NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

