

WEEK 4 - BREAKFAST Spring Summer Menu

	May 22nd	23rd	24th	25th	26th	27th	28th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs
REGULAR EASY TO CHEW	oatmeal/cream of wheat diced ham scrambled or fried eggs dry cereal soaked in milk	oatmeal/cream of wheat dry cereal soaked in milk scrambled or fried eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled or fried eggs	oatmeal/cream of wheat diced ham scrambled or fried eggs dry cereal soaked in milk	oatmeal/cream of wheat dry cereal soaked in milk scrambled or fried eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled or fried eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled or fried eggs
MINCED AND MOIST	oatmeal/cream of wheat minced ham scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat minced ham scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit
PUREED	cream of wheat puree bacon puree egg	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree fruit	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree fruit	cream of wheat puree egg puree muffin puree fruit

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Tea, Coffee, Water, Margarine are served with Meals

Bread & Butters or Rolls or Muffins are served with Supper.

*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

*Diabetic choices available for diabetic residents

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

WEEK 4 - LUNCH - Spring Summer Menu

	May 21st	22nd	23rd	24th	25th	26th	27th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	Maple Balsamic Salmon <small>Steamed Rice & Montego Veg</small> Carrot Cake with Cream Cheese Icing	Soy Dijon Pork Mashed Potato California Veg Blueberry Oat Bar	Tomato Basil Chicken Pick of the Day Baked Potato Vanilla Fruit Tarts	Dijon Meat Loaf Mashed Potato Sunrise Vegetables Homemade Cookies	Pork Chop with Mushroom Gravy Roasted Potatoes Peas and Carrots Apple Pie	Breaded Sole French Fries Carrots & Beets Banana Pudding	Turkey Meatballs with Cranberry Orange Glaze Green Beans/Carrots Mashed Potato Strawberry Rhubarb Crisp
REGULAR EASY TO CHEW	Maple Balsamic Salmon Steamed Rice & Montego Veg Carrot Cake with Icing	Soy Dijon Pork Mashed Potato California Veg Blueberry Oat Bar	Tomato Basil Chicken Pick of the Day Baked Potato Vanilla Fruit Tarts	Dijon Meat Loaf Mashed Potato Sunrise Vegetables Homemade Cookies	Pork Chop with Mushroom Gravy Roasted Potatoes Peas and Carrots Apple Pie	Breaded Sole French Fries Carrots & Beets Banana Pudding	Turkey Meatballs with Cranberry Orange Glaze Green Beans/Carrots Mashed Potato Strawberry Rhubarb Crisp
MINCED AND MOIST	Minced Maple Balsamic Salmon Mashed Potato + M Minced Cake	Minced Pork Mashed Potato + M Minced Veg Pureed Oat Bar	Minced Chicken Minced Pick of the Day Mashed Potato Minced Vanilla Fruit Tarts	Minced Meat Loaf Mashed Potato Minced Vegetables Pureed Cookies	Minced Pork with Gravy Mashed Potato Minced Peas and Carrots Minced Apple Pie	Minced Sole Mashed Potato Minced Carrots Minced Beets Banana Pudding	Minced Meatballs Minced Beans Minced Carrots Mashed Potato Pureed Crisp
PUREED	Pureed Salmon Mashed Potato Pureed Veg Pureed Cake Puree Oatmeal Bar	Pureed Pork Mashed Potato Pureed Veg Pureed Oat Bar	Puree Chicken Puree Veg Mashed Potato Pureed Vanilla Fruit Tarts	Pureed Meat Loaf Mashed Potato Pureed Vegetables Pureed Cookies	Puree Pork with Gravy Mashed Potato Puree Peas and Carrots Puree Apple Pie	Pureed Sole Mashed Potato Pureed Carrots Pureed Beets Banana Pudding	Puree Meatballs Puree Beans Puree Carrots Mashed Potato Pureed Crisp

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Tea, Coffee, Water, Margarine are served with Meals

Bread & Butter or Rolls or Muffins are served with Supper.

*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

*Diabetic choices available for diabetic residents

WEEK 4 - SUPPER - Spring Summer Menu

	May 21st	22nd	23rd	24th	25th	26th	27th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	Ham & Swiss Casserole Broccoli Two Bite Cinnamon Rolls	Harvest Tomato Soup Chicken Salad Sandwich Cheese Pieces Peaches Cookies	One Pot Beef Taco Pasta Tossed Salad Ice Cream	Hashbrown Casserole Fruit cocktail Danishes	Pancakes & Sausage Fresh Melon Baked Custard/Berries	Creamy Mushroom Pasta with Chicken Pick of the day veg Fruit Yogurt Cups	Hot Roast Beef Sandwich Roasted Potatoes California Veg Muffins/Peaches
REGULAR EASY TO CHEW	Ham & Swiss Casserole Broccoli Two Bite Cinnamon Rolls	Harvest Tomato Soup Chicken Salad Sandwich Cheese Pieces Peaches Cookies	One Pot Beef Taco Pasta Montego Blend Veg Ice Cream	Hashbrown Casserole Fruit cocktail Danishes	Pancakes & Sausage Fresh Melon Baked Custard/Berries	Creamy Mushroom Pasta with Chicken Pick of the day veg Fruit Yogurt Cups	Hot Roast Beef Sandwich Roasted Potatoes California Veg Muffins/Peaches
MINCED AND MOIST	Minced Ham & Swiss Casserole Minced Broccoli Pureed Cinnamon Rolls	Harvest Tomato Soup with Blended Crackers Minced Chicken Salad Filling Puree Peaches Puree Cookies	Minced Pasta Minced Vegetables Ice Cream	Minced Casserole Puree Fruit Puree Danish	Minced Pancakes & Sausage Apple Sauce Puree Custard Puree Berries	Minced Pasta Minced Veg Puree Fruit Yogurt	Minced Roast Beef Pureed Bread Minced Vegetables Mashed Potato Puree Muffin/Peaches
PUREED	Puree Ham & Swiss Casserole Pureed Broccoli Pureed Cinnamon Rolls	Harvest Tomato Soup with Blended Crackers Puree Chicken Salad Puree Peaches Puree Cookies	Pureed Pasta Casserole Pureed Vegetables Ice Cream	Pureed Casserole Puree Fruit Puree Danish	Puree Pancakes Puree Sausage Apple Sauce Puree Custard Puree Berries	Puree Pasta Puree Veg Puree Fruit Puree Yogurt	Puree Roast Beef Pureed Bread Mashed Potato Pureed Vegetable Puree Muffin/Peaches

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Tea, Coffee, Water, Margarine are served with Meals

Bread & Butter or Rolls or Muffins are served with Supper.

*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

*Diabetic choices available for diabetic residents

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.