

WEEK 3 - BREAKFAST Spring Summer Menu

	September 5th	6th	7th	8th	9th	10th	11th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat bacon fried/boiled eggs toast dry cereal	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs	oatmeal/cream of wheat toast dry cereals eggs
REGULAR EASY TO CHEW	oatmeal/cream of wheat diced ham scrambled or fried eggs dry cereal soaked in milk	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat diced ham scrambled or fried eggs dry cereal soaked in milk	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs	oatmeal/cream of wheat dry cereal soaked in milk scrambled eggs
MINCED AND MOIST	oatmeal/cream of wheat minced ham scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat minced ham scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit	oatmeal/cream of wheat scrambled eggs puree fruit	oatmeal/cream of wheat scrambled eggs puree muffin puree fruit
PUREED	cream of wheat puree bacon puree egg	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree fruit	cream of wheat puree egg puree muffin puree fruit	cream of wheat puree egg puree fruit	cream of wheat puree egg puree muffin puree fruit

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Tea, Coffee, Water, Margarine are served with Meals

Bread & Butter or Rolls or Muffins are served with Supper.

*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

*Diabetic choices available for diabetic residents

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

WEEK 3 - LUNCH - Spring Summer Menu

	May 14th	15th	16th	17th	18th	19th	20th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	Pineapple BBQ Pork Sunrise Vegetable Baked Potato <small>Vanilla Mousse/Strawberries</small>	Chicken Cordon Bleu Mashed Potato Green Beans/Beets Apple Pie	Parm Crusted Salmon Roasted Potato Peas/carrots Brownie	Burgers/Hot Dogs Pasta Salad Chips/Dill Pickle Strawberry Icebox Cake	Sweet and Sour Pork/Spring rolls Steamed Rice California Veg Mix Fruit Cocktail/Cookies	Crunchy Cod Nuggets Fries Carrots/Broccoli Ice Cream	Swedish Meatballs Mashed Potato Pick of the day veg Chocolate Muffin
REGULAR EASY TO CHEW	Pineapple BBQ Pork Sunrise Vegetable Baked Potato <small>Vanilla Mousse/Strawberries</small>	Chicken Cordon Bleu/Gravy Mashed Potato Green Beans/Beets Apple Pie	Parm Crusted Salmon Mashed Potato Peas/carrots Brownie	Burgers /Hot Dogs Pasta Salad Sunrise Veg Strawberry Icebox Cake	Sweet and Sour Pork (No spring roll)Steamed Rice Veg Mix Fruit/Cookies	Cod Nuggets Mashed Potato Soft veg (Carrots/Broccoli) Ice Cream	Swedish Meatballs Mashed Potato Pick of the day veg Chocolate Muffin
MINCED AND MOIST	Minced BBQ Pork Minced Veg Mashed Potato <small>Vanilla Mousse/Puree Strawberries</small>	Minced Chicken/gravy Mashed Potato <small>Minced Beans/Beets</small> Minced Apple Pie	Minced Salmon Mashed Potato Minced Peas/carrots Pureed Brownie	Minced Burgers /Hot Dogs Pureed Potato Salad Minced Sunrise Veg Pureed Strawberry Cake	Minced Pork Mashed Potato Minced Veg Mix Puree Cookie Puree Fruit	Minced Haddock Mashed Potato Minced carrots Minced broccoli Ice Cream	Minced Meatballs Mashed Potato Minced Veg Pureed Muffin
PUREED	Pureed Pork Pureed Veg Mashed Potato Vanilla Mousse Puree Strawberries	Puree Chicken/Gravy Mashed Potato <small>Pureed Green Beans/Beets</small> Pureed Apple Pie	Puree Salmon in Sauce Mashed Potato Puree Veg Pureed Brownie	Pureed Burgers and Hot Dogs Pureed Potato Salad Pureed Sunrise Veg Pureed Strawberry Cake	Puree Pork Mashed Potato Puree Veg Puree Cookie Puree Fruit	Pureed Haddock Puree Carrots Puree Broccoli Ice Cream/Magic Cup	Puree meatball Mashed Potato Puree vegetables Pureed Muffin

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

Tea, Coffee, Water, Margarine are served with Meals

Bread & Butter or Rolls or Muffins are served with Supper.

*Texture modified diets-puree and soft/chopped are provided as well as therapeutic diets according to resident's diet order.

*Diabetic choices available for diabetic residents

NOTE: Jams, Jellies, Peanut Butter, Margarine, Bananas, Oranges or Grapefruit Sections are available at Breakfast.

WEEK 3 - SUPPER - Spring Summer Menu

	May 14th	15th	16th	17th	18th	19th	20th
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
REGULAR	Chicken Quesadilla Tossed Salad Cookies Mandarin oranges	Roast Beef Sandwich/ Cheese piece Butternut Squash Soup Hot Fudge Chocolate Pudding Cake	Bacon Broccoli Mac & Cheese Sliced Ham Mexican Fruit Cake	Chicken Corn Chowder Homemade Roll Banana Cream Pie	Chicken a la king on a biscuit Montego Veg Butterscotch pudding whipped cream	Cheesy Chicken Casserole Peas & Carrots Triple Berry Crumble	Taco Casserole Steamed Rice Radio Pudding Cake
REGULAR EASY TO CHEW	Chicken Quesadilla California Blend Veg Cookies Mandarin oranges	Roast Beef Sandwich/Cheese piece Butternut Squash Soup Hot Fudge Chocolate Pudding Cake	Bacon Broccoli Mac & Cheese Sliced Ham Mexican Fruit Cake	Chicken Corn Chowder Homemade Roll Banana Cream Pie	Chicken a la king on a biscuit Montego Veg Butterscotch pudding whipped cream	Cheesy Chicken Casserole Peas & Carrots Triple Berry Crumble	Taco Casserole Steamed Rice Radio Pudding Cake
MINCED AND MOIST	Minced Chicken with Salsa Minced Vegetables Mashed potato with sour cream Cookies soaked in milk Puree Mandarins	Roast Beef Salad Soup with Blended Crackers Hot Fudge Chocolate Pudding Cake	Minced Bacon Broccoli Mac & Cheese Minced Ham Pureed Fruit Cake	Minced Chicken Chowder with blended crackers Pie filling + Whipped cream	Minced Chicken A La king on puree Mashed Potato Minced Veg Butterscotch Pudding	Minced Chicken Casserole Minced Veg Puree berry crumble	Minced Casserole Mashed Potato Puree Radio Pudding Cake
PUREED	Pureed chicken with salsa Pureed vegetables Mashed potato + sour cream Puree Cookie/Mandarins	Pureed Roast Beef Soup with Blended Crackers Pureed Hot Fudge Chocolate Pudding Cake	Pureed Mac & Cheese Pureed Ham Pureed Fruit Cake	Puree Chicken Chowder with blended crackers Pie filling + Whipped cream	Puree Chicken A La King on puree Mashed Potato Puree Veg Butterscotch Pudding	Pureed Casserole Puree Veg Puree berry crumble	Pureed Casserole Mashed Potato Puree Radio Pudding Cake